



## **Tone**

### **Pre and Post Treatment Guidelines**

#### Pre-treatment

- Remove any jewelry in the treatment area.
- Do not apply creams or lotions to treatment area prior to treatment.
- Long, dense hairs may affect treatment and should be shaved 1-2 days before treatment.

#### Post-treatment

- Avoid very hot water and direct heat exposure for 2 days.
- Avoid scrubbing and scratching the treated area.
- Moisturize the skin with Aquaphor.

#### Treatment schedule

- The number of treatments is typically 3-6 sessions, once weekly and may vary individually.
- Single maintenance sessions may be needed every 1-3 months.